



## Josh Methven

After Effects Artist | Passionate Videographer



# JOSH METHVEN

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## PROFILE

**I have a good work ethic because I love to succeed. I am a self-starter and believe in entrepreneurship. I'm a great communicator and aspire to push myself as hard as I can.**

## WORK EXPERIENCE AND PLACEMENTS

### Food and beverage assistant | November 2018 – date

*Hucks American Bar and Grill, Centreparks Woburn Forest*

- Welcoming customers and taking orders, food and drinks preparation, serving

### Video Marketing Assistant | August 2019

*Papa John's (GB) Ltd, Milton Keynes*

- 1-week placement as video editor and marketing assistant

### Camera Operator | July 2019

*Bubble Productions, Burghley House Battle Prom 2019*

- Full day of filming

### Runner | July 2019

*ENVY Post Production, London*

- 2-week placement as a studio runner

### Film and Video Assistant | July 2019

*Nemorin Film & Video Ltd, London*

- 1-week placement as an assistant to the video and film team

### Support staff | 2018

*The Roaming Dough Wood fired Pizzas, Chicksands*

- A year working; taking orders, food and drinks preparation, serving customers

### Support staff | 2017-2018

*Lordship Farm Shop and Tea Room, Shillington*

- 2 years serving food and drinks, gardening, manual labour, animals and grounds maintenance

### Post Production Assistant | July 2017 – July 2017

*Movey™ Video Media Agency, Milton Keynes*

- Two-week placement at Movey as a Post Production Assistant

### Gardener | 2015 – 2018

*Henlow, Shillington and Hitchin*

- Project planning, landscaping, gardening and manual labour
- 3 hours/week during the summer, ad hoc in the winter

## EDUCATION

### Harlington Upper School | September 2015 – date

- Studying A-levels including predicted grades: Business (A), Media (A), Psychology (C)
- AS Level Core Maths achieved A Grade
- GCSEs 2 x A\*, 5 x A, 2 x B
- Passed Level 3 Algebra Award (7 UCAS points)
- School Bronze level of achievement award
- School certificate of excellence, November 2017
- School Year 11 Product Design award, June 2018
- Silver DofE award

## SKILLS AND INTERESTS

- Film-making and VFX
- Web design
- Photography
- Computer skills: Windows (Microsoft Office), Mac (iWork), Adobe Creative Suite, Nuke, Maya, Blender

## SPORTING ACHIEVEMENTS

### Harlington Upper School

- Victor Ludorum award for 2017, four School Team Awards for sporting achievements in 2016
- Member of the cross country, athletics, rugby and basketball team (cross country Bedfordshire regional finalist)

### Bedford Athletics Club

- 3<sup>rd</sup> and 7<sup>th</sup> in the East Anglia Region Combined Event U17's Inter Boys Pentathlon and Octathlon 2017
- Part of the Bedford and County Team that has won the Eastern Young Athletics League 2015, 2016 and 2017

### Amphill Rugby Club

- 1<sup>st</sup> Academy team full back and wing
- Bedfordshire Developing Player Program for the Northampton Saints 2016 and 2017

## REFERENCES

Darren Thomson, Movey™ Video Media Agency [darren@movey.co.uk](mailto:darren@movey.co.uk) | Toni Galleymore, Lordship Farm Shop and Tea Room [lordshipfarmshop@gmail.com](mailto:lordshipfarmshop@gmail.com) | Graham Essenhigh, Bubble Productions, [graham.ess@bubbleproduction.co.uk](mailto:graham.ess@bubbleproduction.co.uk) | Pete Fergusson, Nemorin [pete@nemorin.com](mailto:pete@nemorin.com), Poppy Hanna, Nemorin [poppy@nemorin.com](mailto:poppy@nemorin.com)